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it is usual to call in some experienced old man to fasten such things up. None of the things had been removed from the house while the roof was being repaired. It is said that a new roof lasts for about seven years, after which it must be completely renewed. No nails are used in the construction of houses, all woodwork being mortised and tied where necessary with canes. Even large buildings like the monastery are constructed entirely without nails.

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There is no furniture in Lepcha houses; beds, tables (except the low Tibetan variety), and chairs being unknown. The kitchen stove is merely a platform of earth, on which some half-dozen large stones are placed as supports for the cooking pots. These are generally of copper or brass, and I never once saw any kind of earthenware vessel and was told they were never used. Stores of maize and millet hang from the rafters, and other grains are kept in baskets stacked against the walls. The family bedding may generally be seen draped across these baskets during the day-time; and unwanted clothing, is suspended from bamboo slivers inserted in cracks in the walls. I occasionally noticed that the walls had been papered with old newspapers. One such was plastered with years-old copies of the *Evening News*, one of which advertised the film of "Bengal Lancer"; but how these ever reached Lingtem is beyond my comprehension. Our own cast-off papers were always in much demand, one man in particular asking constantly for pictures of wars. He seemed to think that war was a fine experience, and talked of little else, although of course he had never seen one. Anyhow, the walls of his cottage are no longer bare: and for the rest of his life he can sit in peace while gazing at pictures of Franco's atrocities. I hope sincerely that this is the nearest to war he will get.

Water is brought in long hollow bamboos and stored in copper pots, of the type that form part of the marriage gifts. These do not hold more than a couple of gallons, and are

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*ad lib.;* but not less than one hour!

I found it attractive the first time I heard it; but after several hours its constant repetition became somewhat monotonous and I wished that they could at least have changed the order of the notes. One cannot, however, please everybody, and it appears that the gods like this sort of thing; but, in any case, it was the only tune the ladies knew.

535 *Interlude in Gangtok, 21st August, 1937:*

●721 In addition to the worship of Kinchinjunga, which takes place once a month in all the Sikkim monasteries, an annual war dance is held in Gangtok in honour of the mountain, and is attended by people from all over the State. I was glad to renew acquaintance with a number of friends from Lingtem, most of whom were, however, rather too drunk to take much interest in the proceedings.

The war dance is peculiar to Sikkim and is not performed in other Buddhist countries. It is carried out in honour of Kinchinjunga, who is called, in brief, *Dzo-nga*, meaning "the five treasures." He is believed to be the god Kuvera, who is otherwise known as rNam-sras-mDung-dMar-chan—(this is the spelling given me by the Maharaja; after many attempts I have come to the conclusion that it is not pronounceable by anyone with a normal European mouth!)—who is represented as being of red colour, armed, and mounted on a white mountain lion; but, in point of fact, I believe that lions are not found in mountain countries and certainly do not exist in the Himalayas. In Sikkim, Kuvera is invoked as the god of war, and as such has to be worshipped periodically. The display of warlike pomp, in which the dance consists, is thought to be pleasing to the god; and is also meant to foster the martial spirit of the people.

In order, however, that the ceremony should not degenerate into a mere display of demon-worship, Maha Kala, the

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commander of all the guardians of the faith, and overlord of all spirits, is invoked by the Lamas to command Dzo-nga to guard the Buddhist religion and the State of Sikkim, and to bring peace, prosperity and security to the people.

All Lama dances are to some extent regarded as physical exercises to counteract the sedentary life of the monks; but the Sikkim war dance is not performed exclusively by Lamas, but also by youths of the upper classes, mostly the sons of the various State officials. It is not so much a dance as a display of agility, discipline, and energy, in which considerable powers of endurance are required. It aims at combining physical training with a feeling of religious zeal and exaltation; and for this reason all the dancers are required to remain celibate during the month or so in which they train and prepare for the ceremony. They are also expected not to drink during this period of preparation; but during the actual performance, which lasts for some six hours or so, they are kept going by frequent draughts of alcohol. The ceremony is rendered impressive and dignified by the religious rite which is being carried on inside the monastery during the whole time the dance is being performed outside.

In spite of the fact that the war dance always takes place during the height of the monsoon, the selected day is nearly always fine, a special Lama being employed to keep the rain away. On the day previous to the ceremony he makes a large figure of a toad out of dough, buries it deep in the ground and lights a fire above it. He meditates inside the monastery but returns to the spot where he has buried the image in order to utter spells from time to time. Several years ago, so the Maharaja told me, it rained throughout the day of the dance; but when the performance was over it was discovered that the Lama had buried the image of a tortoise, apparently as an experiment to see what would happen. Except for a heavy shower while we were at luncheon to-day it was fine and sunny; but heavy rain came on in the evening and continued for several days almost without stopping.

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535 This dance differs from all others of the sort I have seen
●721 in that the performers, except for the figures of Kinchinjunga and Maha Kala, are not masked. It consists of an almost continuous slow circling round and round, with a great deal of sword-brandishing; more like the sort of thing one sees at a military tournament, except that the performers are all dressed in elaborate costumes of Chinese silks of various bright and highly contrasting colours.

The warriors formed up in two long lines as each of the two gods made its first entry from behind the dark brown curtains which covered the front of the monastery, after which the slow circling was again resumed. Both Kinchinjunga and Maha Kala did a rather dull *pas seul*, which went on much too long; it, too, consisted of the same slow circling, without any variation in the step. After a time each god gradually danced nearer and nearer the monastery entrance and finally disappeared within. The whole performance appeared to be without either beginning or end, and there seemed to be no reason why it should have ever finished. It was an attractive spectacle for the first twenty minutes or so, perhaps because of the brightly-coloured dresses, after which it quickly became intensely boring owing to the entire lack of variety. The music was provided by drums, cymbals, and clarionets and consisted of the *O mani peme hum* tune which we got to know so well in Lingtem, with the addition of indiscriminate undertones played on the long ten-foot monastery trumpets. I think the tune is more pleasing, however, when sung unaccompanied, as it always was by the Inebus in Lingtem.

The dance ended with the circumambulation of the monastery by all the performers, including the two horses which are dedicated to the service of Kinchinjunga and Maha Kala, and never ridden from the day they are born. They were plumed and draped in thick Chinese brocades and looked most impressive; but considerable efforts on the part of their grooms were necessary before they could be persuaded to take their part in the formal procession.